Race letter for the Rood Rampage OCR
Sunday 18th June 2023

It's time for **DB Max OCR Events** to get back in the OCR groove, and we are super-excited to be bringing you the amazing **Rood Rampage** on Sunday 18th June.

Please ensure you read this letter in its entirety as it includes all the details for race day at this superb OCR venue.

Race Venue

The race venue is Home Farm, Rood Ashton, Trowbridge, BA14 6BL for directions to the venue, please click **HERE**.The postcode for Sat Navs is BS30 6NQ. We do recommend using the APP What 3 Words (free on each APP store) to get to the destination, this APP is easy to use and takes you to the exact place you need to go, the What 3 Words for the car park entrance are **officers.outcasts.master** or click **HERE** to view the location.

On arriving at the venue, please use the main entrance and park as directed by the attendants. Access to the venue will be from 07:45. Please ensure you arrive in plenty of time and drive with due care and attention through the villages and lanes around the local area.

Car Parking

On arriving at the venue, please follow the DB Max Car Park Signs and not your Sat Nav. We have set up a system to get you round the area with the minimum amount of hassle on the narrow country lanes. Ignoring these signs could cause congestion. When you are at the venue you will turn into the farm and park as directed by the attendants. Access to the venue will be from 07:45. Please ensure you arrive in plenty of time to get ready and registered and to the start for your wave time.

The cost per car for car parking is £5 (cash only).

Registration and Timing Chip collection

Registration for this event is in the main arena. When you arrive at registration you will collect your timing chip and place it on your ankle securely and write your race number on your hand.

Timing Chips

The timing chips will ensure that your finish results are collected by the system.

Remember, **no timing chip, no results.** Your timing chip must be firmly attached to your ankle using the Velcro strap provided. You must hand your timing chip back in when you finish the event or if you DNF. The timing chip is also used to identify you in case of emergency.

Mandatory Pre-Race Briefing

There will be a short pre-race briefing just before the start in the starting pen.

Wave Start Times

You will have now received your wave start time. Please ensure you are in the start pen 15 minutes before your wave starts.

Route

The race starts and finishes in the main arena. The route is approximately 4.5 miles (kids route is 3.5 miles) and you can find a full copy of the route online **HERE**. For those in the elite wave at 08:45 you will complete 2 laps to totalling approximately 9 miles. The route is predominantly flat with a few cheeky hills thrown in where possible. There will be several water sections, one of which is in a lake. If you are a weak or non-swimmer, we would ask that you do not complete this section. Being set on farmland and woodland there are sections where you need to carefully watch your footing as there are ruts, branches and other trip hazards, we will do our best to remove or highlight these but can't do all of them.

Obstacles

The race will see the return of many of your favourite obstacles including of course The Big Daddy Slide. Whilst we would love you to do each obstacle, it is not compulsory, so if you see one and think no thanks, that is not for me you are welcome to go round the obstacle and carry on. Elite competitors will get a standing time penalty of 60 seconds at any obstacle they fail to complete.

Finish

The finish is on top of the all-important Rood Rampage Van, otherwise known as the HEA-van.. You can stop here to have your photo taken too.

Once down from the van you can cross the line and collect that all-important #bling and of course a bottle of beer (adults only ☺).

Spectators

Spectators are permitted at this event. We encourage spectators to watch from the main arena or from one of the other spectator points on course (the route to this will be marked by orange arrows). We ask that spectators do not go anywhere else on course. Spectators are NOT permitted to use any of the obstacles.

Charity Partners

This year we are supporting **Wiltshire Air Ambulance** who provide an essential **Helicopter Emergency Medical Service (HEMS)** for anyone who lives, works or travels in Wiltshire and the surrounding counties. Wiltshire Air Ambulance is available up to 19 hours a day, 365 days a year. It is a charity and relies almost entirely on public donations to raise the £3.25 million a year to keep the air ambulance operational.

Wiltshire
Air Ambulance
funded by you, flying for you

We are also supporting **Bath Cats and Dogs Home**. Bath Cats and Dogs home take in cats and dogs from the public, RSPCA Inspectors, the Police and Dog Wardens covering Bath, northeast Somerset and parts of Wiltshire.

They reunite stray animals with their owners and manage the adoption of rescue pets to loving new homes across the south-west. Established in 1937 – welfare is at the heart of everything they do.

Go-Pro's

The use of Go-Pro's and other recording devices is permitted; however, DB Max OCR Events takes no responsibility for any loss or damage to the devices.

DB Max Sports Timing

DB Max Sports Timing will be producing the race results. You can follow the results live on the day **HERE**.

Refreshments

There will be a number of stalls at the event selling hot food and refreshments including Velicious who sell awesome burgers, steaks and bacon rolls as well as Vegan options. The Coffee Lada will also be on site providing top quality hot coffee, tea, and hot chocolate.

Toilets and Changing

There will be portable toilets on site for use before and after the event. Changing facilities are also available and will be signed for competitors.

Bag Drop

A bag drop facility is provided free of charge. Please ensure you place your baggage in this area well before your wave start. To reduce handling of belongings, you will write your number on a tag and attach it to your bag, then place it in the bag drop yourself.
When collecting your bag after your race, you will enter the Bag Drop area and collect your bag yourself. The staff on bag drop will then check your race number against that of your bag to ensure that it is the correct bag. Please leave all valuables at home or in your car.

Litter

Littering is obviously not acceptable at any time. If you use gels you must return to transition with the wrappers and take your litter home with you. Littering incurs immediate disqualification.

Event Photography

Event photography is provided free of charge. Photos will start to be posted on the DB Max OCR Events Facebook page the day after the race.

Finally, thank you for your race entry and good luck with your final race preparations. We look forward to seeing you at Rood Rampage for some fun and muddy action!

DB MAX OCR EVENTS
ARE YOU TOUGH AS MUCK?